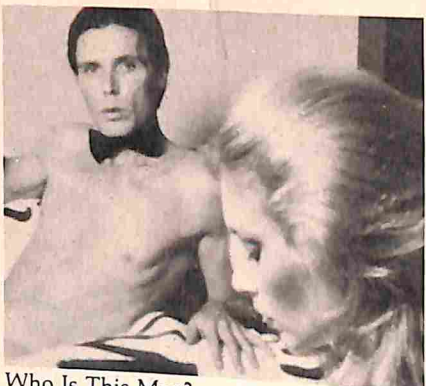


PLAYGIRL

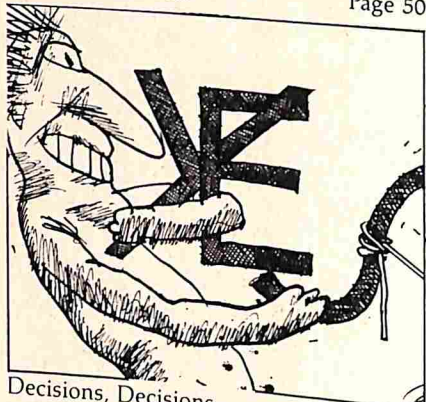
ENTERTAINMENT FOR WOMEN

VOL. VI NO. 8 JANUARY 1979



Who Is This Man?

Page 50



Decisions, Decisions

Page 86



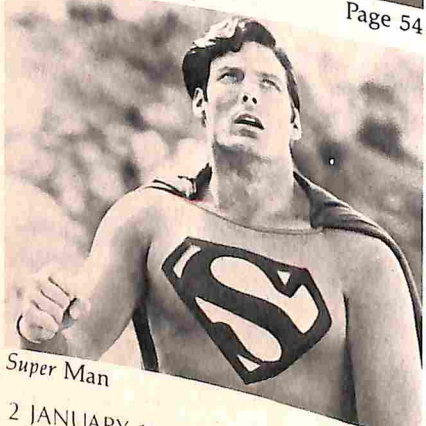
He Captures You

Page 58



Want Fame?

Page 54



Super Man

2 JANUARY 1979/PLAYGIRL

Page 42

FEATURES

QUIZ: HOW KINKY ARE YOU?	Susanella Rogers	20
Are you boring or bizarre?		
DIET: LOSE TEN POUNDS IN TEN DAYS	Judie Lewellen	29
A now-svelte editor tells you how.		
BONDAGE: THE GENTLE ART OF RESTRAINT	Jack Jardine	46
"Tied" and true information on an age-old art.		
HOW TO GET FAMOUS	Richard J. Pietschmann	54
If you want to play the fame game, here are the ground rules.		
STRANGER THAN LIFE	M.K. Brown	65
MEN WHO FOOL AROUND	Colman Andrews	66
Telltale signs of infidelity ain't necessarily so. . . .		
DECISIONS: THE ART OF MAKING UP YOUR MIND	Jonathan Miller	86
Do you go with your head, your heart, or neither?		
GREAT GETAWAYS	Sue Fleishman & Jean Kornbluth	105

INTERVIEW

CHRISTOPHER REEVE	Fred Robbins	42
It's not easy being faster than a speeding bullet, more powerful than a locomotive and able to leap tall buildings in a single bound!		

DEPARTMENTS

INSIDE PLAYGIRL	4	HEALTH	24
READERS WRITE	6	GOSSIP	30
HIS TURN	10	MUSIC	34
PERSONAL	12	TELEVISION	36
FOOD	18	BOOKS	40
EROTIC FANTASIES	22	FILM	112
STARSCOPE			

WARM BODIES

THE IMPOSTER	49
CENTERFOLD	57
THE LAST DELICIOUS DOZEN	76
GUYS NEXT DOOR	97
	Dale Weintraub

FICTION

THE MIND'S EYE	90
	Cyra McFadden

FASHION & BEAUTY

SWIMSUITS TO WARM UP YOUR WINTER	Judith Smith Dan	69
RESORT TO TAN	Paddy Calistro	74

Cover Photo by Bob Penn. TMs & © D.C. Comics Inc. 1978
 Credits pages 76-83: Dawson by Jennifer Griffiths, Blecha by Pat Dallas, Taylor by J. Marshall, Thompson by Pat Dallas, Montelbano by L. Hutton, Durrell by M. Parish, Gartman by N. Jobst, Mundy by J. Marshall, Alves by Pat Dallas, Dutton by Norbert Jobst, D'Auria by L. Hutton, Gordon by Snazzy Chaz.

Copyright © 1979, Playgirl, Inc. All rights reserved. Reproduction without permission is strictly prohibited. Published monthly by Playgirl, Inc., 3420 Ocean Park Blvd., Suite 3000, Santa Monica, CA 90405. Publication number 998120. Stamped, self-addressed envelope must accompany all manuscripts, drawings, and photographs submitted if they are to be returned. No responsibility can be assumed for any unsolicited materials. Any letters sent to Playgirl may be edited and commented on editorially, and all rights to same shall be assigned to Playgirl, Inc. In all of our fiction or semi-fiction, similarity between people, places, or names is purely coincidental. Second-class postage paid at Los Angeles, CA, and at additional mailing offices. This issue published in national and separate editions.

ADDRESS ALL SUBSCRIPTION MAIL to Playgirl, Inc., P.O. Box 45189, San Diego, CA 92126. Subscription price, U.S.A. and possessions, \$14.00 for one year, \$24.00 for two years. Foreign subscription price, \$17.00 for one year, \$34.00 for two years. Please notify Subscription Dept. eight weeks in advance of moving for change of address. POSTMASTER: Send form 3579 to Playgirl, Inc., P.O. Box 45189, San Diego, CA 92126. ADDRESS ALL EDITORIAL material to Playgirl, 3420 Ocean Park Blvd., Suite 3000, Santa Monica, CA 90405.

IND. 35770

PLAYGIRL

ENTERTAINMENT FOR WOMEN

JANUARY 1979 \$1.95

EXCLUSIVE INTERVIEW:

CHRIS (SUPERMAN) REEVE

Hard, Sexy and
Flyin' High

SEX QUIZ:
HOW KINKY
ARE YOU?

How To Become
A Celebrity—Or
(At The Very Least)
Go To Bed With One

THE EASY WAY
TO MAKE
TOUGH DECISIONS

How To Tell If Your
Man's Fooling Around

LOSE TEN BIG POUNDS
IN TEN SHORT DAYS

MereMart.com
Gift Quality Vintage Magazines



ITALY LIRE 2800 GERMANY DM 8.00 UK 80p

SPECIAL ISSUE
A HOT LOOK AT THE PAST
12 CENTERFOLDS

