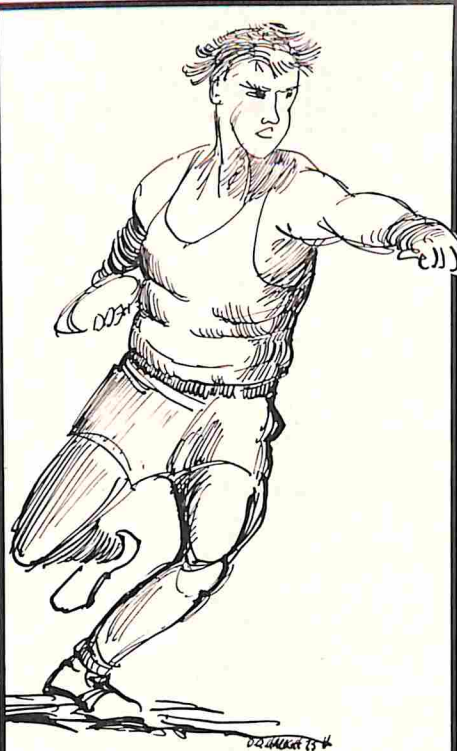


P.O. BOX 296, LOS ALTOS, CALIF. 94022.

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UPCOMING MEETS



TRACK TECHNIQUE IS GROWING!

We added over 1000 new subscribers in the last year, a 37% jump. There must be a reason for TT's growing popularity and usefulness in the track community, and it has to be the new emphasis on immediately practical and usable information for the high school coach and athlete. Each issue covers a variety of topics from technique, training, motivation, and mechanics, to injury prevention and diet. There's something for everyone in the NEW Track Technique.

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- Why the Flop is Better (#58)
- The Rotation Shot Put Style (#58)
- Finnish "Elasticity" Running Training (#58)
- How Rick Wohlhuter Trains (#58)
- 400m Relay Exchange Techniques (#57)
- How Dwight Stones Trains (#55)

Upcoming articles in TT60 (June, 1975)

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- Javelin Training Program, by Ed Tucker
- How They Train: Paul Geis, Paul Cummings, Houston McTear, Mike Tully
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ON THE COVER

Policeman John Powell took custody of the world discus mark with his 226-8. Just the facts, m'am. /Chip Gane, Sportsphotos/

TRACK & FIELD NEWS

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