JANUARY 1962

'Our help is in the name of the Lord, who made heaven and earth.'' —PSALM 124:8

FEATURES

What Goes on Here!

Neighbors

Small World: Squish! by James Reid Parker
The Open Door by Faith Baldwin
Television by Hollis Alpert

People in This Issue

BONUS BOOK OF FLOWERS

Woman's Day Guide to Annuals and Perennials: sixteen pages, all in color, that take you into the beautiful world of flowers: annuals for those who like something different each summer; perennials, the plants that return, like old friends, year after year Text withen by Jean Hersey, illustrations by Fritz Kredel Low-growing annuals

16 Medium-growing annuals

Spring-flowering perennials

Summer-flowering perennials
Fall- and winter-flowering perennials

MODERN LIVING

Why Husbands and Wives Disagree about Money

by John L. Springer
An analysis of the principal causes, and some expert advice on how to keep the disagreements within amiable limits

72 Is Your Child Musical? by Quaintance Leith How to help your youngster develop a sense of rhythm

1962 Woman's Day Calendar: to cut out and assemble Our most treasured annual feature, with inspiring Biblical verses and charming drawings by Erik Blegvad

Ten Minutes a Day to a Prettier Figure by Judith Churchill Three all-purpose exercises to achieve maximum slimming results with a minimum of time and motion 38

I Lost 100 Pounds Every Year by Louise Shattuck Delicious menus and recipes that trim off pounds and inches, devised by the author after years of unsuccessful dieting

GARDENING

For Better Gardens: Roses, Roses, Roses by Roland A. Browne A report on the brand-new varieties and the older favorites

FOOD

Low-Calorie Menus and Recipes 38

Low-Calorie Menus and Recipes
Fallacy, Folly and Feast by Arley Carman Clark
One woman's experiences in developing the art of making bread,
plus a special group of bread and roll recipes
The Collector's Cook Book: Hamburger
Varied and exciting recipes for using this popular favorite in patties,
leaves meat halls and meat pies casseroles and skillet dishage.

Joaves, meat balls and meat pies, casseroles and skillet dishes

31 Money Saving Menus for January

Jamaican Soups by Leila Hadley
Hearty and deliciously different, these soups capture the flavor of one of the loveliest islands in the Caribbean

NEEDLEWORK

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the

American Needlework #8: Quilting by Rose Wilder Lane

The story of how quilting developed from practical home sewing to a prized art form, with beautiful examples of historic quilting 29 Bedcover from the home of George Washington's mother Quilting details from coverlets, counterpanes and petticoats

Counterpane with stuffed quilting;

Bedcover combining fine quilting with appliqué Counterpane with straight lines of border worked over cord

In Our Next ssue

It's Fun To Mat, Frame **And Arrange PICTURES**

dozens of ideas for easy, inexpensive and beautiful mats and frames you can make yourself

SHOULD YOUR DAUGHTER COLLEGE?

An educator and father answers, "YES"

A college-educated mother says, "NO"

In our Collector's Cook Book

an exciting group of dessert recipes featuring America's favorite flavor CHOCOLATE

AMERICAN NEEDLEWORK #9 Embroidery

COVERLETS, PICTURES, APRON, FIRE SCREEN

Make Your Best Spring Outfit

four spring ensembles to make at a price, with a sewing lesson by Mary Johnson

FIVE FESTIVE **DINNERS**

menus and recipes for foreign feasts: Chinese, French, Italian, Mexican, Scandinavian

SWEATERS! SWEATERS! SWEATERS!

distinguished new imports to knit

Twenty-fifth Year Fourth Issue

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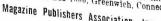
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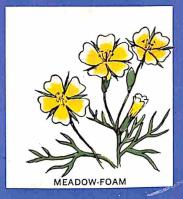
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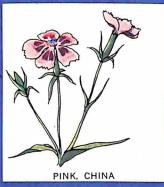
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Guide to Annuals and Perennials



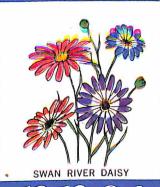






Why husbands and wives disagree about money









Woman's Day 1962 Calendar · Low Calorie Recipes



