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### ON THE COVER

Cover Photograph: John Goodman  
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Franz practices hatha yoga, favors organic foods, and is an avid swimmer and gardener. She recently had her first baby through natural childbirth. A published author, she is currently working on her second novel.

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# New Age

## THE Healing Power of Sex

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### Live to Be 120, Naturally

### Cooking Up Aphrodisiacs

### DR. ANDREW WEIL Defends Alternative Medicine

## NEW TRENDS IN COMMUNITY LIVING

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