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Your Pursuit of Happiness

by Phillip Shaver and Jonathan Freedman
When 52,000 readers answered *pt's* happiness questionnaire, it became apparent that the elusive mood is in the mind—a delicate balance between what a person wanted in life and what he or she got.

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Caring Makes the Difference

by Willard Gaylin
Our national despair is unwarranted; humanity's loving nature is as good a guide for the future as its tendencies toward violence.

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Migraine and Tension Headaches: Why Your Temples Pound

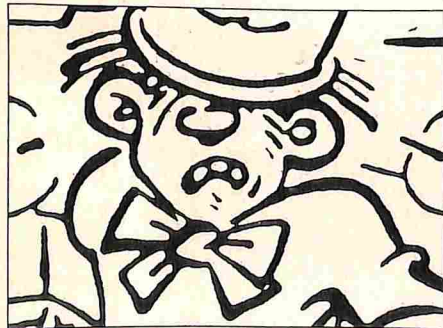
by Daniel Goleman
The trouble is not in the brain, but in the flow of blood. Biofeedback may help, but relaxation and aspirin work best.

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The Marriage Bed

by Lillian Breslow Rubin
The sexual revolution has brought pain as well as pleasure to many Americans, and blue-collar wives suffer most.

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What Makes a Manager Good, Bad or Average?

by Jay Hall
The good manager is an apostle of enlightened self-interest, but he is willing to share decisionmaking.

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The Three Dimensions of Emotional Reaction

by Albert Mehrabian
Every feeling—anger, boredom, etc.—is some combination of arousal, pleasure, and dominance.

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Review by Colin Campbell
A cluster of books on est tells how inner peace has become a profitable product.

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Girls, Boys and Books

Thomas P. Hanaway and Gordon M. Burghardt
Differences in toting books develop long before puberty can account for them.

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State-Bound Knowledge:
"I Can't Remember What I Said Last Night, But It Must Have Been Good"
by Roland Fischer
Remembrance of things past depends on our re-entering the state of mental arousal in which the event took place.

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What Happens When We Get the Manchild Pill?

by Colin Campbell
Couples will soon be able to choose their child's sex—a choice that may bring new troubles and a world overstocked with boys.

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News Line

by Patrice Horn
The Frankenstein myth; TV-watching and family tension; the power of a sugar pill; and other items.

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Books

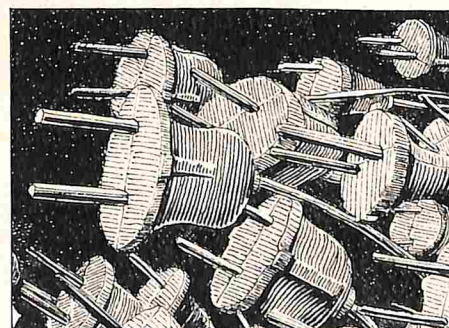
Reviews by Charles Slack, Elizabeth Hall, and Dorothea Braginsky
The sane asylum of Delancey Street; B.F. Skinner's autobiography; and an extraordinary novel about *Ordinary People*.

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