

FORECAST

The need for sex education and information is never more vital or important than it is during engagement and earlier years of marriage. Young men and women think and feel deeply in their desire to make their romance into a marriage which they feel ought to be the greatest experience in their lives. They ask questions, seek advice and read books. Some are able to find out what they want to know and make good use of their knowledge; some are not. Others realize but vaguely that their attitude and ignorance are responsible for much of the difficulty and the misery in their marriage. Some few realize too late that their own ignorance has led to unhappiness in the marriage of their children.

Emily Hartsborne Mudd has written the fourth article in a series prepared especially for HYGIEA. Read this enlightened feature in the August issue.

Among America's most important defensive weapons in any future war will be an army of citizens unprepared in the art of home nursing. Unprepared in this respect in 1917, the United States through the Red Cross and several public agencies today is teaching thousands of mothers and daughters to take care of the sick at home and thus assist doctors and nurses in wartime or disaster emergencies.

Lewis H. Bowen reports on the Red Cross home nursing courses in an early issue.

The paralytic form of shellfish poisoning is a form of food intoxication, caused by eating mussels or clams at certain times of the year. The original source of the poison is found in a unicellular microscopic organism of the ocean, which the shellfish eat.

The poison contained in this organism is one of the strongest known. It belongs to the class of alkaloids such as strychnine, muscarine and aconitine. About one millionth of a gram is sufficient to kill a mouse on injection; the fatal dose by mouth for man is probably only a few milligrams.

Hermann Sommer and K. F. Meyer, M.D., discuss "Mussel Poisoning" next month.

Dental disease has been found everywhere that men are found; it is as old as the human race. Skulls dating back to remote prehistoric eras show teeth affected by caries, and jaws that in life suffered from pyorrhea alveolaris. But, although evidence is found that prehistoric man suffered from dental and oral diseases, he was—in relation to modern man—comparatively free from these ailments.

Peter J. Brekhus traces the evolution of dentistry "From Witch Doctor to Modern Dentist."

HYGIEA

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CONTENTS FOR JULY

COVER	Stephen Deutch	
NUTRITION FOR DEFENSE—An Editorial.....		520
ATHLETE'S FOOT.....	Marion B. Sulzberger, M.D., and Rudolf L. Baer, M.D.	522
SEX EDUCATION FOR THE ADOLESCENT	George W. Corner, M.D., and Carney Landis	525
PAINFUL SHOULDERS.....	Richard Kovacs, M.D.	529
BRITAIN'S AMERICAN HOSPITAL.....	Nancy Walburn	532
BY THE SKIN OF THEIR TEETH.....	S. R. Winters	536
DOES YOUR CHILD HAVE HEART TROUBLE?.....	Grace Igo Hall	539
DEVELOPMENT OF BLOOD BANKS.....	Carl W. Walter, M.D.	542
THE MARCH OF MEDICINE.....		546
VARICOSE ULCERS.....	Bernard Behrend, M.D.	549
EMOTIONAL DISTURBANCES OF APPETITE.....	Carl Binger, M.D.	550
SEVENTY YEARS YOUNG—A Poem.....	Vera Blood Fletcher	552
PATHWAYS OF MEDICAL DISCOVERY.....	Reginald Fitz, M.D.	553
WE ARE NOT CRIPPLES!.....	G. M. Cunningham Jr.	556
FOODS AND NUTRITION		
Storing the Surplus		561
From the Office of the Council on Foods and Nutrition.....		564
Stretching the Food Dollar.....	Martha C. Howard	571
QUESTIONS AND ANSWERS.....		581
BOOKS ON HEALTH.....		
CHILD CARE		
Psychology A La Mode	Augusta Alpert	584
MEDICAL NEWS.....		592

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Vol. 19

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Do you have ATHLETE'S FOOT?

See page 522

JULY · 1941 · 25c