

McCall's contents

February 2001

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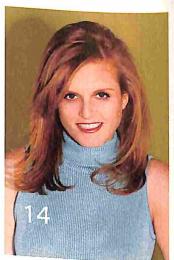
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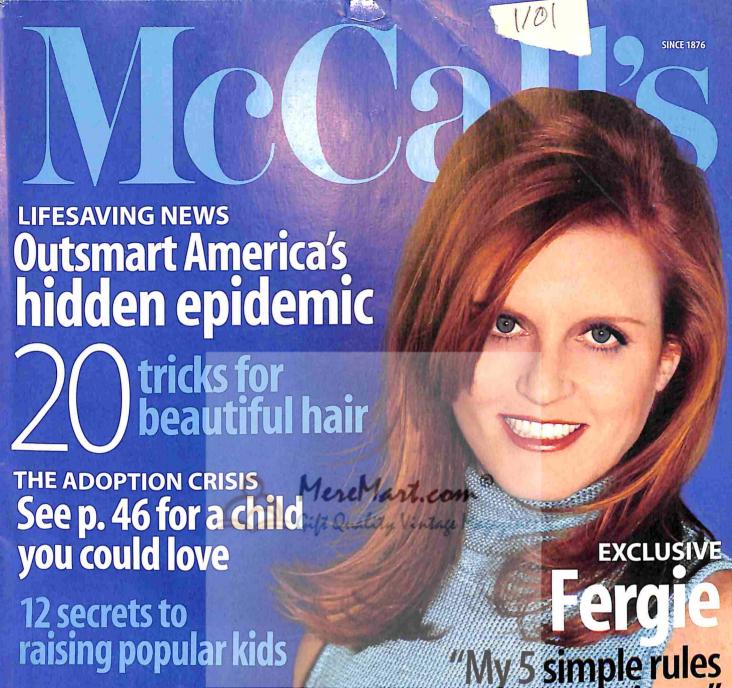
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Why shouldn't Sarah be smiling? She's found the five secrets for a blissful life. Read our excerpt from her candid new book.



Win a day with an organizing pro

y 5 simple rules for happiness"

Diet damage ontige Quick binge busters

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Lower your heating costs 60%

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