

# New Age

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THE JOURNAL FOR HOLISTIC LIVING

# New Age

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How Medical Intuitives  
Spot Your Hidden  
Health Problems

What's Next  
In Women's  
Spirituality

Will You Live to 100?

TAKE OUR QUIZ AND FIND OUT

Say "No!" to Toxic  
Household Cleaners  
(We Tell You How)

The Joys of  
**Walking**  
A Winter Beach

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