

Top of the Week

Newsweek

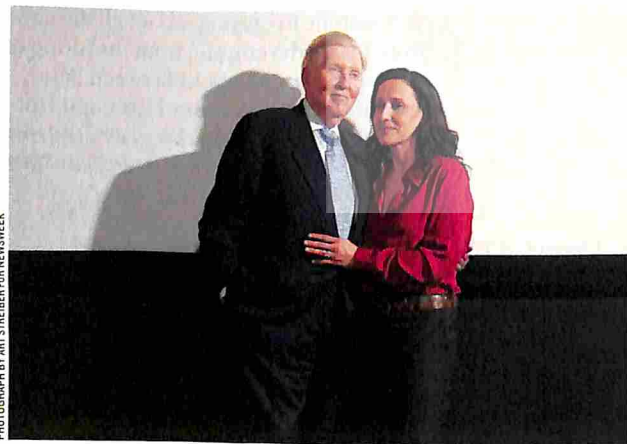
Women And Sleep

It's not just snoring husbands and colicky kids. **Scientists are zeroing in on the physical reasons** so many women have trouble sleeping, from iron deficiencies to breathing disorders—and **targeting new remedies.** Health for Life spotlights the latest on women's health, from a promising HPV vaccine to secrets for youthful skin. **Page 50**

SCIENCE OF SLEEP: Under observation at a New York clinic



PHOTOGRAPH BY ADAM FRIEDBERG FOR NEWSWEEK



PHOTOGRAPH BY ART STREIBER FOR NEWSWEEK

UNITED: Redstone has split his media company, Viacom, in two but calls wife Paula his 'most successful merger' **Page 42**

COVER: Photo illustration by F. Scott Schafer for NEWSWEEK PRODUCED BY JAMIE VANCE. WARDROBE AND SET STYLING BY LYANI POWERS. HAIR AND MAKEUP BY DEBORAH ALTIZIO—AARTIST LOFT. Inset: Photograph by Charles Ommanney—CONTACT FOR NEWSWEEK

MILITARY: Rumsfeld and the Retired Generals' Revolt...26

At One Base, 'Grief Camp' Helps Army Kids Deal With Loss32

NATION: Immigration Protests Roil the Arizona Senate Race.....34

IRAQ: A Murky Security Force on the Rise.....36

IRAN: Washington's Hearts-and-Minds Program38

FAREED ZAKARIA: What Sort of Relationship Will We Have With China?41

BUSINESS: Sumner Redstone on Katie, Howard and the Family Media Empire.....42

JANE BRYANT QUINN: The Price of Oil Addiction45

SCIENCE: 100 Years After the Great Quake, San Francisco Braces for the Next One.....46

CRIME: MySpace.com, Law-Enforcement Tool.....48

ELLIS COSE: A Movement That Helps Ex-Prisoners Re-enter Society48

HEALTH FOR LIFE

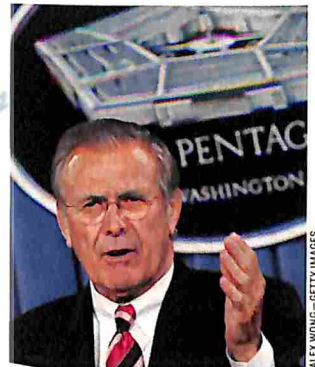
Why Women Can't Sleep by Barbara Kantrowitz50

Dreaming of a Good Night's Rest by Allegra Goodman.....58

Is the First 'Cancer Shot' on the Way?61

Hormone Therapy's Benefit-Risk Ratio.....72

Keeping Your Skin Looking (Relatively) Young.....74



ALEX WONG—GETTY IMAGES

LOSING THE BRASS: Rumsfeld on the hot seat **Page 26**

When You're Depressed During Pregnancy.....80

Questions for the Health for Life M.D.85

DEPARTMENTS

PERISCOPE6

MY TURN21

THE CRUNCHER22

PERSPECTIVES25

TIP SHEET87

NEWSMAKERS93

GEORGE F. WILL94

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