Psychology Today



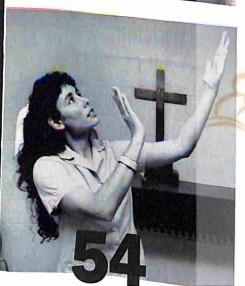
FEATURES

34 Best of the Century

Albert Ellis, Ph.D., highlights the leaps and bounds psychology has made throughout the decades, setting the stage for excerpts from some of the best articles ever published in Psychology Today magazine, along with a reader's quiz, tales of weird science, cartoons, unforgettable quotes and more.



What do Marilyn Monroe, Abe Lincoln and Jean-Claude Van Damme have in common? Meet more than 70 famous folks who triumphed in spite of severe depression or other mental illness. With a personal introduction by political humorist Art Buchwald.

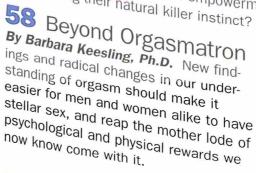


50 Do Animals Think?

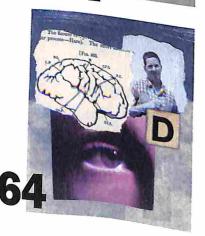
wonder what's going an issuances gaze at their beloved furry friends and wonder what's going an issuances gaze at their beloved furry friends and wonder what's going an issuance of the works gaze at their beloved furry friends and wonder what's going an issuance of the works gaze at their beloved furry friends and wonder what's going an issuance of the works gaze at their beloved furry friends and wonder what's going an issuance of the works gaze at their beloved furry friends and wonder what's going an issuance of the works gaze at the property of the works gaze at the propert wonder what's going on inside their heads. But psychologist Clive Wynners against the answer may be an entered to the suggests the answer may be an entered to the suggest the answer may be an entered to the suggest the answer may be an entered to the suggest to Suggests the answer may be disappointing. He presents the case against the animal mind, and repowered the animal mind, and renowned scholar Donald R. Griffin, Ph.D, respondent

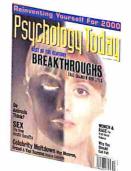


By Barry Yeoman Violence by women has skyrocketed in the latter part of this century. Have they taken amount of the century they taken amount of the century that they taken amount of the century that they have they taken amount of the century. this century. Have they taken empowerment one step too far—or are they just showing their natural killor in the latter partial. just showing their natural killer instinct?









64 Reinventing Yourself

By Maryanne Garry, Ph.D., and Devon Polaschek, ph.D. If memories are the story of our life, we are constantly changing that story changing that story, extracting new information from old experiences and fine the story of our life, we are constant of the experiences and fine to make the story of our life, we are constant of the experiences and fine the story of our life, we are constant of the experiences and fine the story of our life, we are constant of the experiences and fine the story of our life, we are constant of the experiences and fine the story of our life, we are constant of the experiences and fine the experiences are constant of the experiences and fine the experiences are constant of the experiences and fine the experiences are constant of the e experiences and filling in gaps in ways that seem to make rein. sense. Consciously or not, we use our imagination to reinvent our past reinvent our past, and with it, our present and future.

Photograph by Ralf Schultheiss/Tony Stone

Reinventing Yourself For 2000

PSI DECEMBER 1999

BEST OF THE CENTURY
BREAKTIROUGHS
THAT CHANGED OUR LIVES

Do Animals Think?

SEX
The New
Health Benefits

Celebrity Meltdov What Monroe, Freud & Val Have in Common WOMEN & RAGE
The Truth About Violence

Why You Should Eat Fat

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