

## **Major Features**

It's Mile Anniversary Time

Bannister's 60th: The Day The Mile Changed

Bowden & Beatty Broke Barriers Too

Ryun's 50th: A High School Legend Is Born

Ryun Reflects On His Breakthrough

The U.S. Sub-4:00 Club—All 420 Members

**T&FN Interview: LaShawn Merritt**The U.S. star has fought his way back to the 400's apex

You Want Numbers? We've Got Mile Stats Galore

**It's Relay & Invitational Time**What happened at the big Penn, Drake & Stanford meets?

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The very best of action from the collegiate loops

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• cover photo of Ben True (I) & Hassan Mead by Don Gosney •

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JULY 2014

BLOOM

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60 Years For Roger Bannister

50 Years For Jim Ryun

The Entire U.S. Sub-4:00 Club

Tyson Gay's Penalty Comes Down

The Diamond League Begins PAYTON JORDAN INVITATIONAL A 4 9

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Ben True Wins A Classic 5000

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