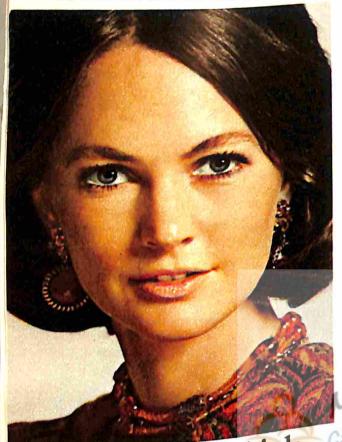
## Midol does so much good for me at menstrual time...



## ...and I used to think it was just for cramps

You know how it is when menstrual time is getting close. One by one, you start feeling those annoying discomforts that make up the total menstrual picture. That uncomfortable feeling. Low backache. Headache. The pain of periodic cramps. All leading to a tense, irritable feeling.

You're grouchy and grumpy with everyone around you. You become difficult to live with-and you know it. That's when MIDOL does so much to relieve your menstrual problems.

The medically-approved ingredient in MIDOL relieves pain of low backache and headache-to help soothe accompanying irritability. And the exclusive formula of MIDOL helps stop cramps with an anti-spasmodic-an ingredient you don't get with ordinary pain relievers. MIDOL takes you through the uneasy menstrual period feeling more like yourself.





Now try Midol® feminine deodorant spray with reserve protection. The more you need it—the more it works...Gentle...Effective.

## Woman's Da

"HOLD UP MY GOINGS IN THY PATHS THAT MY FOOTSTEPS SLIP NOT." PSALMS 17:5

GERALDINE E. RHOADS, EDITOR/VICE PRESIDENT INSKY, ART DIRECTOR EVELYN GRANT, MANAGING EDITOR JOE SAPINSKY, ART DIRECTOR EVELYN GRAN GEORGE H. ALLEN, PUBLISHER

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Photograph by Sigrid Owen. "A Little Silver Basket" is also shown on page 82, with directions for making it The editorial and business staff listings and addresses appear on page wolf.

THE ABCs-XYZs OF MAKING PILLOWS—ALL KINDS!

# JULY 1973 OMANIS DAY

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