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Richardson Wright, Editor-in-chief Henry Humphrey, Managing Editor

# **EDITORS**

Arthur McK. Stires, Architecture; Elinor Hillyer, Decoration Harriet Burket, Merchandise; William E. Fink, Art Joseph B. Platt, Decorating Consultant

# ASSOCIATE EDITORS

Fay Hines, Lucrecia Andújar, G. H. V. Baker, Emma A. Cole, Virginia Merrifield, Frederic Morley

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### Or else-

The people of this country are not yet alive to the necessity for eating vegetables. With an increased number of housewives studying nutrition, the place for vegetables in the daily menu will gradually be accepted. But where, you ask, are vegetables to be had? Markets are getting shorter and shorter of them. The plain fact is that, wherever possible, you will raise your own-or else.

The government warns you to be ready for shortages in lettuce, cauliflower, eggplant, celery, peppers, cantaloupe and asparagus.

#### Hints to renters

Is there any way, one of our readers asks, to make those who rent homes be careful to place saucers under potted plants and scatter rugs over a floor where there is a lot of traffic? Potted plants leave rings on furniture and heavy traffic wears out varnish, grinds dirt into floors.



It is estimated that a stalk of corn lifts 440 pounds of water in a growing season and an apple tree 4 gallons per hour. And there's no 40hour week for them either. The leaves of a maple tree, during the course of a year, produce 3,630 pounds of pure tree food concentrate. We ought to hang E pennants on our maples.

# Names and names

Ipswich, Mass., has a Laborin-Vain Road; Fair Play is a town in Colorado and in five other states. In Arizona you'll eventually reach a Chin Lee; in New Mexico. Adam's Diggings; in Kentucky a hamlet called Mouthcard (what's a mouth-

card?) and two others that still survive with the piquant names of Rabbit Hash and Hog Wallow.



# Olympian diet

Being a god must have had its disadvantages. The company certainly could not always have been to one's liking and the food was monotonous beyond words. A steady diet of nectar

... one sip of this Will bathe the drooping spirits in delight Beyond the bliss of dreams and ambrosia (reputed to have been nine times sweeter than honey) would drive any mortal to commit regrettable indiscretions, as it was, it drove the gods to abominable crimes.

# For Victory Gardens

Two problems are important in the Victory Garden program this year: (1) organize local committees to develop a common program and a garden center for metropolitan and commuter gardeners; (2) make community plots available to those who do not have garden space sufficient to grow adequate vegetables.

# Avocados

In Bermuda the natives spread alligator pear on bread, as though it were butter, and this is a very good way indeed. But one of the mysteries of international alimentation is the manner in which some inhabitants of the British Isles prefer to eat the avocado—they sprinkle sugar over it!

# ON THE COVER

This bucolic bedroom, photographed by Danielson at Lord & Taylor, has barn red doors and whitewashed siding walls.

