

contents

MARCH 2008



4

Stories featured on the cover are indicated in red

22

your self

- 20 INNER LIFE*** Dealing with a know-it-all, and more.
- 22 SIX STEPS TO MORE HAPPINESS** Small changes that can improve your life dramatically. By Cheryl Richardson
- 30 BE YOUR OWN WOMAN** How to resist adult peer pressure. By Judith Newman
- 36 PURPOSE Learn to Love Yourself:** You can be priceless without perfection. By Rick Warren

your style

- 40 BEAUTY JOURNAL** Eye shadow that lasts, and more.
- 42 MAKE ME OVER!** A mom raves about waves.
- 44 LOVE THE SKIN YOU'RE IN** TV star Constance Marie shares how to get a flawless complexion.
- 50 COLOR ME NATURAL** Spring's fresh shades, and how to wear them. By Patricia Reynoso
- 58 STRESS-FREE STYLE** Stylish safari jackets.
- 60 ACCENTS** Necklaces that will get you noticed.
- 64 FRAN-TASTIC FASHIONS** That voice! That laugh! Fran Drescher will never go out of style.

your family

- 72 FAMILY MATTERS** Typecasting your kids, daughters who are dad deprived, and more.
- 76 MONEY MATTERS** Five steps to secure your inheritance. By Marion Asnes
- 84 MY LIFE AS A MOM™** The Look of Love: Why doesn't my young daughter look like me? By Susan Swimmer
- 88 HEART OF A HUSBAND™** Clothes Unmake the Man: Women's men-in-tuxedos fantasies. By Stephen Fried
- 92 FAMILY FRONT** The Heart of Anna Mae: This 6-year-old is caught up in a fierce tug-of-war between two couples. By Margaret Renkl
- 104 CAN THIS MARRIAGE BE SAVED®** "His Drinking Is Ruining Our Marriage." By Sondra Forsyth
- 114 HOW THEY MET** Can't Buy Me Love: Finding Prince Charming at a charity auction. By Maura Christopher

your home

- 122 GLORIOUS GARDEN ROOMS** Bring spring inside.
- 130 CRAFTS** A Touch of Glass—etching made easy.
- 134 THE CUTTING EDGE** The ABCs of DVDs: We've done the shopping for you. By Rebecca Day

www.

LADIES' Home Journal®

MARCH 2005

WIN A Family Style Makeover

Supersize Your Happiness
in 6 Simple Steps

5 Tips for a Secure Financial Future

How to Fake Flawless Skin

Learn to Love Yourself
by Rick Warren

We Celebrate...

Kelly Ripa

Plus 37 Other Funny Ladies We Love

Lose Weight Boost Energy!

A Week of Easy, Healthy Meals

men & Heart Attacks
Living Risks, the Newest Tests

FLORRENCE I WILLIS 79 OCT08
MADENA 3 ST SH MN 56482-1423
203 BY RKB
#LBXBCHEF5***CR LOT 00000D**C-003
#LBXJGB534396213/7# BN99

www.lhj.com