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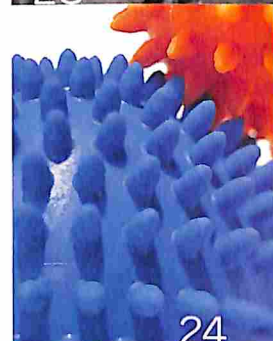
Cover Photographer: Anne Hamersky
Diane Heald, breast cancer survivor, in a canyon near her Colorado home.



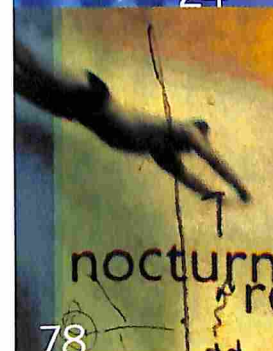
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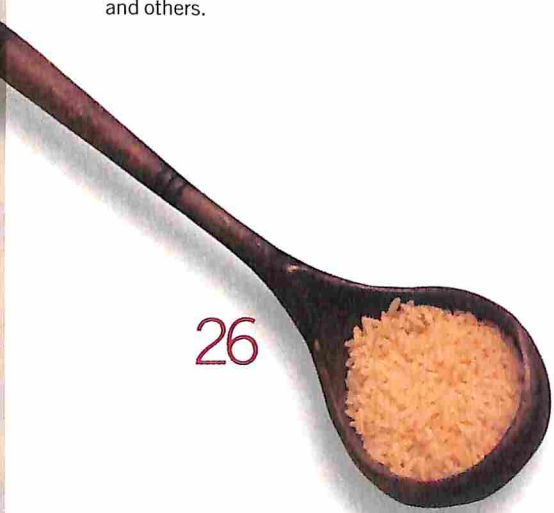
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12 SAVE-YOUR-HEART TIPS | TIBETAN YOGA

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DIANE HEALD
CANCER
SURVIVOR