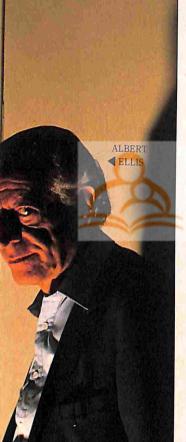
VOL. ZZ. NO. 9 SEPTEMBER 1988



34 THE DISAPPEARING COMPANY MAN

Today's managers aren't looking forward to a gold watch. They're looking out for themselves. By MITCHELL LEE MARKS

42 HAVE OFFICE, WILL TRAVEL

High tech lets executives take more work, and more stress, on the road. Some people thrive under the pressure. By Ellen Hoffman

48 LOSING AND WINNING

You can't always get what you want in life, and sometimes you get more than you bargain for. Here's how to get what you need. By GILBERT BRIM

54 YOU ARE WHAT YOU THINK

For straight talk about jumbled thoughts, try Albert Ellis. His ideas have cleared a lot of people's heads. By CLAIRE WARGA

DEPARTMENTS

4 EDITOR'S NOTE

- 6 THE FACTS OF LIFE: SEPTEMBER A nation of tolerance Marriage in, divorce out ■ Students are stuck on basics ■ Homeward bound
- 14 BEYOND SELF Eight million Americans claim that while near death, they briefly left their bodies and entered a life beyond. Skeptics argue that such
- 18 MINDING YOUR HEALTH: HEARTS AND MINDS Using your head to heal after bypass surgery ■ The real risk for Type A's ■ Depressed hearts
- 26 WE'RE ONLY HUMAN Growing up isn't what it used to be, and Paul Chance wonders what the changes mean.
- 28 HELP The hot trend in self-help tapes is a hidden message.
- 32 POLITICS Ronald Reagan's popularity came from the press, not the people.
- 60 SPORTING LIFE Mind game, mind set and match at the U.S. Open.
- 64 SCREENINGS At long last, grown-up sex is back in the movies.
- 70 BOOKS Abraham Maslow: a portrait of humanistic psychology's champion.
- 78 LETTERS Peace activists: alive and well
 Caesar's birth Hand talk
- 80 PROFESSOR P.T. MINDMENDER Why those bedtime twitches?

EXECUTIVE AND EDITORIAL OFFICES: Psychology Today Magazine, (USPS #504-170), 1150 Seventeenth St., N.W., with reasonable care. Publisher assumes no responsibility for return or safety of unsolicited art, photos or manuscripts, chology Today, P.O. Box 2563 Boulder, Calc. 2009.



