

## CONTENTS

## IN THE FUTURE

WOMEN'S ANNUAL EDITION . . . . . 4-20

ROSEMARIE ACKERMANN . . . . . 4  
Athlete Of The Year.

1977's TOP FIVE ATHLETES . . . . . 7

T&FN INTERVIEW: KATE SCHMIDT . . . . . 10  
U.S. Athlete Of The Year.

1977 WORLD RANKINGS . . . . . 12

1977 WORLD & U.S. LISTS . . . . . 17

1977 U.S. RANKINGS . . . . . 20

NATIONAL CROSS COUNTRY RESULTS . . . . . 22

HEAD 'EM OFF AT THE PASS . . . . . 40  
How the U.S. ran 38.03.

A WAY OF LIFE . . . . . 56  
What makes Lasse Viren run?

Departments

Next Month . . . . . 27	The European View . . . 46
Making Tracks . . . . . 29	HillTopics . . . . . 47
World Scene . . . . . 32	Of People & Things . . . 48
Status Quo . . . . . 34	On The Road . . . . . 50
On Your Marks . . . . . 37	Last Lap . . . . . 60
Tech Talk . . . . . 39	To Box 296 . . . . . 62

December

30 Saskatchewan KC

January

7 Ali Inv, Long Beach

13 CYO, College Park

14 East Coast Inv, Rich  
Dartmouth R, Hanov.

20 Philadelphia Classic

21 Sunkist, Los Angeles

22 Vandal Inv, Moscow

27 Millrose G, NYC

28 Citizen G, Ottawa  
Oregon Inv, Portland

February

3 LA Times, Inglewood

4 Albuquerque Jaycee  
Olympic Inv, NYC

10 Star Maple Leaf, Toronto

11 Cleveland KC, Richfield  
USTFF Ch, Montgomery  
Mason Dixon, Louisville

17 Jack in the Box, S Diego

18 Examiner G, Daly City  
Highlanders, Hamilton

24 AAU Ch, NYC

24-25 NAIA Ch, Kansas City

25 Winnipeg KC

March

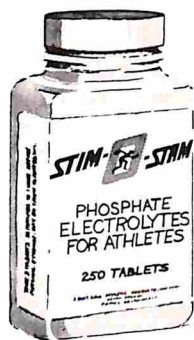
10-11 NCAA Ch, Detroit

11-12 European Ch, Milan

14 U.S. vs. Europe, Milan

17-18 JUCO Ch, Warren, Mich

STIM  
=O=  
STAM!!



FOR  
GREATER  
ENDURANCE

\*

QUICKER  
RECOVERY

\*

ELIMINATION OF  
MUSCLE CRAMPS & STIFFNESS

"No question about it. Stim-O-Stam helps an athlete work harder and longer and recover much faster—with no muscle soreness or fatigue cramps. Our athletes have been using Stim-O-Stam for years and I'm 100% sold on it." Vern Wolfe, Head Track Coach, U. of Southern California.

Twenty years of field and performance testing verifies Stim-O-Stam's value to runners, track athletes, and other physically active individuals. It supplies vital potassium and phosphate electrolytes to replenish those lost through perspiration and provides adequate amounts of those salts for stressed muscle cell metabolism. Also contains Vitamin C. May be taken on an empty stomach with no nausea effect. Chew tablets or swallow with water. Each tablet contains dibasic sodium phosphate, monobasic sodium phosphate, potassium (as phosphate), Vitamin C (ascorbic acid.)

Send to \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Check one

... 1 bottle of 250 tablets @ \$4.95 \$ \_\_\_\_\_

... 1 bottle of 1000 tablets @ \$16.00 \_\_\_\_\_

... 6 bottles of 1000 tablets @ \$87.85 \_\_\_\_\_

Total \_\_\_\_\_

Add 6% tax if Calif. resident \_\_\_\_\_

Check enclosed \$ \_\_\_\_\_

Prices include  
postage & handling

Track & Field News  
Box 296 • Los Altos, CA 94022

BERT NELSON, Editor & Publisher

Editorial Staff: Garry Hill, *Managing Editor*;  
Jon Hendershott, *Features Editor*; John Barbour, *Staff Writer*; Grace Light, *Editorial Assistant*; Colleen Cassidy, *Editorial Assistant*; Jim Rorick, *Statistician*.

Business Staff: Ed Fox, *Associate Publisher/Advertising Director*;  
Jim Terrill, *Business Manager*; Tom Jordan, *Assistant Publisher*; Jeannette Nelson, *Executive Assistant*; Penny DeMoss, *Advertising Production*; Karen Rau, *Office Manager*.

### SENIOR EDITORS

Bob Bowman (Walking), Wally Donovan (Historical), Jim Dunaway & Bob Hersh (Eastern), Don Kopriva (Midwest), Peter Mundle (Masters), Cordner Nelson (Founding), Don Potts (Emeritus), Roberto L. Quercetani (European), Jack Shepard (High School).

### CORRESPONDENTS

US: John Auka, Fred Baer, Dan Berger, Marc Bloom, Norman Brand, Bill Buchalter, Larry Byrne, Ed Chay, Gene Cherry, Brian Cooper, Scott Davis, Elliott Denman, Peter Diamond, Fred Duckett, Stan Eales, John Gillespie, Tom Gleason, Ed Grant, George Grenier, Greg Harney, Randy Hawthorne, Mike Hubbard, Don Jacobs, Tom Jennings, Rich Keen, Mike Kennedy, John Kernan, Kim Koffman, Bob Lord, Walt Murphy, Bob Payne, Jack Petty, Rich Perelman, Jack Pfeifer, Rick Riley, Roy Silver, Chuck Skow, Jerry Soifer, Jim Spier, Don Steffens, Ken Stone, Larry Story, Hugh Sweeny, Carol Swenson, Bruce Waha, John Wenos, John Zant.  
Timers: Brian Allen, Syd DeRoner, Dick Dodge, Les Florant, Pitch Johnson, Uan Rasey.  
WORLD: Harry Beinart, Bernie Cecins, Dave Cocksedge, Michael Gernandt, Roger Gynn, Regner Hansen, P.N. Heidenstrom, Sven-Ivar Jogard, Murray McKinnon, Peter Matthews, Kauko Niemela, Hakan Nordqvist, Rey O'Neal, Org Potgieter, Bert Solaas, Gabriel Szabo, Ants Teder, Cliff Temple, Andrew Trummer, Erik Wille-Nielsen.

### PHOTOGRAPHERS

US: David Benyak, Walley Brown, Don Chadez, Rich Clarkson, Gale Constable, Buddy Davis, Dave Drennan, John Goegel, Erik Hill, Diane Johnson, Jeff Johnson, Kevin Knight, Gary Kohatsu, Bill Leung, Jr., Mike Lyons, Bill Menz, Bill Meyer, Chuck Muhstok, James O'Brien, Stan Pantovic, Dave Stock, Paul Sutton, Steve Sutton, Doug Wells.  
WORLD: Fionnbar Callanan, Knut Edvard Holm, Horstmuller, Zigurds Mezavilks, Peter Probst, Mark Shearman, Mike Street.

### PUBLICATION AND MAILING

Track & Field News is published monthly by Track &

Field News, Inc., Box 296, Los Altos, Calif. 94022. Second-class postage paid at Los Altos, Calif., and additional mailing offices.

Current mailing dates: December—December 9; January—January 20; February—February 10; March—March 3.

### SUBSCRIPTIONS

12 issues per year, including January Annual Edition. US rates: \$11.00 per yr., \$22.00 two yrs., \$33.00 three yrs. Add \$7.75 per yr. for first-class mail (air delivery). All other countries, including Canada and Mexico, add \$1.75 per yr. to US rates. Foreign air rates on request. Maximum subscription term accepted is three years. Changes of address: include old and new addresses with zip codes; allow three weeks.

### ADVERTISING

New England: Steve Ganak Ad Reps, Statler Office Bldg., Boston, Mass. 02116. Phone: 617/542-6913.  
All other areas: Send space orders and materials to Ed Fox or Penny DeMoss, Track & Field News, Box 296 (365 First St.), Los Altos, Calif. 94022. Phone: 415/948-8188. Advertising deadlines 30 days before publication (for camera-ready copy).

### ADDRESS, TELEPHONES

All mail should be addressed to Box 296, Los Altos, Calif. 94022. Merchandise and subscription number: 415/965-2433 (1010 Corporation Way, Palo Alto, Calif), Executive office: 415/948-8188. Editorial office: 415/948-8417.

## ON THE COVER

Ruling over our first-ever Women's Annual, just as she dominated the 1977 season, is incomparable East German high jumper Rosemarie Ackermann. /Horstmuller/

December 1977-3

# TRACK & FIELD NEWS

WOMEN'S ANNUAL

DECEMBER 1977

\$1.50

80055424HANASR602G  
\*GARY HANSON  
6021 ASHCROFT AVE  
EDINA MN 55424

AUG 78 A

ROSEMARIE ACKERMANN

'77 Woman Athlete Of The Year